Flagler County Board of County Commissioners – Senior Services
For Reservations*, call 386- 313-4370

November 2026 Menu
LOW FAT MILK SERVED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
2 **Italian Style Meatballs /w Pasta** Green Beans Whole Grain Bread Apple Juice 8 oz. 1% Milk	3 **NY Strip in Mustard Sage Sauce** Carrots Diced Potatoes Whole Wheat Bread 1 Pk Sandwich cookies 8 oz 1% Milk/ Fresh Fruit	4 **Home style Pork Chop in Gravy** Brussel Sprouts Mash Potatoes Whole Grain Bread 1 Butter Cup Sandwich Cookies 8 oz 1% Milk	5 **Twisted Mac & Cheese** Mixed Vegetables Whole Grain Bread Graham Crackers Apple Juice 8 oz. 1% Milk	6 **Chicken in Italian Sauce Marinara** Green Beans Diced Potatoes Whole Grain Bread 1 Pk Sandwich Cookies I Butter cup/8 oz 1% Milk
9 **New York Strip** Carrots Diced Potatoes Whole Grain Hamburger Bun/ Cookie 8 oz 1% Milk Ketchup Pack.	10 **Breaded Chicken w/Country Pepper Gravy** Mixed Vegetables & Squash Medley/Brussel Sprouts Whole Grain Bread Sandwich Cookies/8 oz 1% Milk	11 **Three Cheese Mac and Cheese** Carrots/ Green Beans Whole Grain Bread 1Pk Graham Crackers 8 oz. 1% Milk	12 **Pasta Bolognese** Italian Vegetable Medley Whole Grain Bread 2 Butter Cups 8 oz. 1% Milk	13 **Western Style Omelet** Diced Breakfast Potatoes Cinnamon Applesauce 1 Butter Cup/ Fresh Fruit Oatmeal Pk. 8 oz. 1% Milk
16 **Chicken Mushroom Swiss** Green Beans/ Carrots Whole Grain Bread Butter Sandwich Cookies 8 oz. 1% Milk	17 **Hearty Meatloaf in Tomato Braise** Mashed Potatoes Whole Grain Bread Snickerdoodle Cookie 8 oz 1% Milk	18 **Battered Dipped Fish Nuggets** Carrots Green Beans / Peppers Whole Wheat Bread Sandwich Cookies 8 oz. 1% Milk	19 **Manicotti w/Tomato Sauce** Mixed Vegetables Whole Grain Bread Sandwich Cookies Applesauce Cup 8 oz. 1% Milk	20 **Creamy Stroganoff Casserole** Carrots/ Brussel Sprouts Whole Grain Bread Fresh Fruit 8 oz 1% Milk
23 **Classic Meatloaf Sandwich/w Onions** Peas and Carrots Sweet Potatoes Hamburger Bun 1Pk Ketchup 8 oz. 1% Milk	24 **Stuffed Pasta in Broccoli Cheese Sauce** Corn Whole Grain Bread 1 Cherry Cookie Sandwich Cookies/Fruit 8 oz. 1% Milk	25 **Tangy Meatballs in Orange Sauce** Green Beans White Rice Whole Grain Bread Sandwich Cookies 8 oz. 1% Milk	26 **Baked Manicotti Alfredo** Carrots Corn Whole Wheat Bread 1 Butter Cup Fresh Fruit 8 oz. 1% Milk	27 **Pork Chop Patty is Savory Sofrito** Green Peas Sweet Potatoes Whole Grain Bread 1 Butter Cup Graham Crackers 8 oz. 1%Milk
30 **Italian Style Meatballs /w Pasta** Green Beans Whole Grain Bread Apple Juice 8 oz. 1% Milk			FLAGLER COUNTY SENIOR CENTER 2199 Commerce Pkwy Bunnell, FL 32110	**For Health Reasons Taking Out Potentially Hazardous Foods from This Dining Site Is NOT RECOMMENDED … Doing So Is at Your Own Risk**

*Meal Reservations are required and must be received by **NOON** the day before you want to come in. Make cancellations as soon as possible.

Menu & times subject to change